

# Interdisciplinary Minor in **HEALTH HUMANITIES**

*The Health Humanities Minor asks questions about health, illness, disability, and health care across the sciences, arts, humanities, and social sciences.*

Core courses are grounded in the humanities, whereas electives draw not only from the humanities but also from the arts, social sciences, and natural sciences so that the Health Humanities minor complements any undergraduate major and ensures that students build a complex understanding of what it means to be well in physical, mental, social, and cultural contexts.

*Please feel free to contact:*

**Professor Alex Bay**

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**Academic Advising Office**

(714) 744-7959

*or your faculty advisor.*

Health Humanities explores the human condition of health from a variety of critical and creative perspectives. Health Humanities students are prepared for careers throughout the healthcare industry as well as in policy, administration, art, education, and advocacy where health and health policy play a role. Each student has the opportunity to chart a path through the minor coursework that supports their intellectual curiosity, professional goals, and personal wellbeing.



# Interdisciplinary Minor in Health Humanities

## CORE REQUIREMENTS..... 6 CREDITS

HLHM 100 Introductory Seminar in Health Humanities

## CAPSTONE EXPERIENCE.....3 CREDITS

### ONE OF THE FOLLOWING

HLHM 490 Independent Internship (1-3 credits)

HLHM 491 Student-Faculty Research/Creative Activity (1-3 credits)

HLHM 498 Capstone in Health Humanities

## ELECTIVES..... 15 CREDITS

**AT LEAST 9 CREDITS OF WHICH MUST BE UPPER DIVISION.  
NO MORE THAN 9 CREDITS FROM THE SAME DISCIPLINE.**

ANTH 301 Abject Bodies

ENG 304C Creative Writing Special Topics: Writing Health, Disability, and Science

HIST 200 A History of Sexuality

HIST 233 Disability and American Life

HIST 355 Disease, Power and Sex Medicine and the Body in East Asia

HIST 377 The AIDS Epidemic in the United States

HLHM 229 Experimental Course (1-6 credits)

HLHM 291 Student-Faculty Research/Creative Activity (1-3 credits)

HLHM 329 Experimental Course (1-6 credits)

HLHM 429 Experimental Course (1-6 credits)

HLHM 490 Independent Internship (1-3 credits)

HLHM 491 Student-Faculty Research/Creative Activity (1-3 credits)

HLHM 499 Individual Study (1-3 credits)

HUM 205 Introduction to LGBTQIA+ Studies

IES/POSC 150/PCST 160 Introduction to Disability Studies; Challenging Myths of Normalcy

OR

PCST/POSC 239 People with Disabilities in Politics and Society

POSC 362 Politics of Humanitarianism

POSC/PCST 439 Disability, Politics, and the Law

REL/PSCT 242 Mindfulness (1½ credits)

AND

REL 243 Advanced and Applied Mindfulness (1½ credits)

### Electives Continued

REL 351 Health, Healing, and Wholeness in World Religions

REL 353 Religion and Medicine

SOC 320 Sociology of Death

SOC 385 Medical Sociology

SPAN 201H Intermediate Spanish for Health Care Professionals

SPAN 202H Intermediate Spanish for Health Care Professionals II

**THE TOTAL FROM THIS GROUP CANNOT EXCEED 9 CREDITS.**

FSN 200 Nutrition for Life

FSN 201 International Nutrition World Food Crisis

FSN 322 Community Nutrition

FSN 338 Nutrition and Human Performance

FSN 339 Lifecycle Nutrition

FSN 443 Medical Nutrition Therapy

IES 101 Self and Identity

IES 413 Current Issues in Disability Studies & Services

PHIL 314 Medical Ethics

PHIL 340 Philosophy of Mind

PSY 340 Human Sexuality

PSY 344 Psychology of Gender Identity and Sexual Orientation

PSY 437 Health and Well-Being

## TOTAL ..... 21 CREDITS

\*To be used as the capstone for this minor, must be taken for 3 credits in a single semester.

